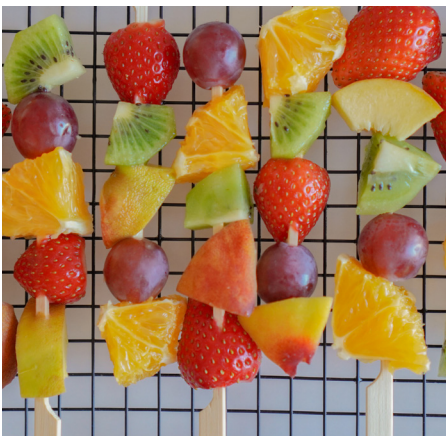




FRUIT & BERRY SKEWERS

Combine your favourite fruit and berries into a delicious skewer and be adventurous with the flavours.



Preparation time

10-15 mins

Servings

As many as required

Equipment

Wooden skewers

Knife

Chopping board

Cookie cutters - optional

Ingredients

Bananas

Grapes

Strawberries

Raspberries

Blueberries

Pineapple

Kiwi

Watermelon

Instructions

1. Wash, peel and cut up the fruits, and lay them out on a plate.
2. Create various berry-fruit combinations by letting your little one place them carefully onto a skewer.

Tips

Do not leave your little one unsupervised while using the skewer sticks.

We would suggest skewers specifically designed for kids.

This is a fun way to get your kids familiar with different textures, tastes and colours of various fruits and berries.

Get your kids involved by asking them to name the fruit, colour and describe the textures.

Cut out fun shapes from the pineapple and watermelon (you can use a cookie cutter for this).



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WWW.PAWPATROL-VITAMINS.COM/ACTIVITIES

